

## HKSH Dental Centre

### Happy Valley

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### Service Hours

Monday to Saturday: 9:00 am – 6:00 pm  
Wednesday: 9:00 am – 1:00 pm  
Closed on Sundays  
Public Holidays: by Appointment

### Admiralty

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### Service Hours

Monday to Saturday: 9:00 am – 6:30 pm  
Closed on Sundays and Public Holidays

For enquiries and appointments,  
please contact us



## Dental Services

## Why is it so important to take care of our teeth?

We all know that the main function of our teeth is for eating and chewing food into small pieces as the first step of digestion. But do you know that teeth give structure to your face? Without teeth, our face will look collapsed and have more wrinkles. Without teeth, we may not be able to pronounce our words properly to communicate with others. The key to having a beautiful smile is a set of healthy teeth.

HKSH Healthcare Dental Centre provides you with various dental services aiming at giving you a brighter and healthier smile. The following are some of the common services/procedures in dentistry that you might have always wanted to know a little bit more about.



## Cosmetic Dentistry

### Teeth Whitening

Teeth can be effectively bleached to look whiter and brighter with our in-office or take-home tooth whitening kits.

## Veneers

To improve the appearance of defective or roughened teeth surfaces, veneers are custom-made to cover the facial part of a tooth where correction is necessary. Patients can also choose the shade of veneer they desire.

**Approximately 0.5-1mm of frontal tooth structure is removed for proper mechanical retention and best esthetic results.**



## Orthodontic Dentistry

### Conventional Orthodontic Treatment and Invisible Aligners

Crowded and mal-aligned teeth aren't problems anymore. With orthodontic treatment, teeth can be straightened for a better-looking smile and proper functioning. Aside from the conventional use of braces to align teeth, the transparent aligners or "invisible braces" can be elected as your treatment system of choice, making you look good even when you are having your teeth straightened.

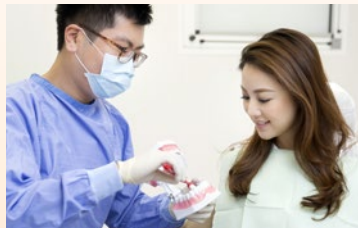




## Conservative Dentistry

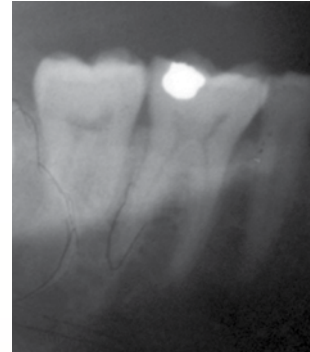
### Dental Hygiene

In addition to mechanical removal of dental deposits by scaling and root planing, our registered Dental Hygienists provide comprehensive oral hygiene education and customize proper maintenance therapy to suit each patient's individual needs.



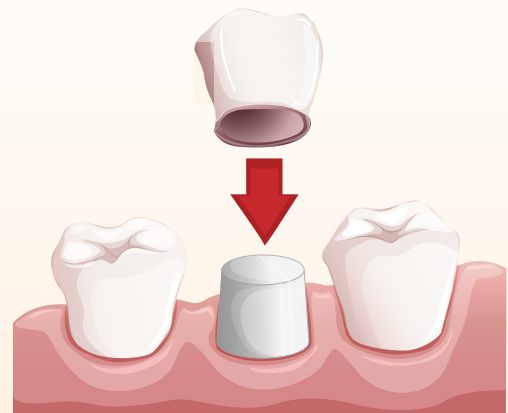
## Operative Dentistry

Small or moderately decayed teeth can often be restored with simple fillings to prevent further destruction. Taking care of early decays and defects would save you time and money in the long run and possibly future dental "nightmares".



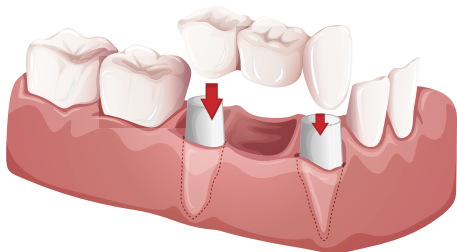
## Crowns

When a tooth is fractured, extensively filled or severely decayed, the placement of a crown may be recommended. Crowns strengthen and protect the remaining tooth structure and can also improve the appearance of your smile.



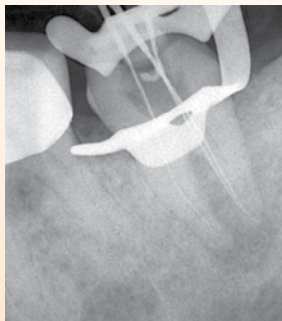
## Bridges

When there are one or more missing teeth, a fixed porcelain bridge may be the treatment of choice to replace these missing dental units, using the adjacent teeth as support.



## Endodontic Treatment (Root Canal Treatment)

Severe tooth decay may progress to a destructive extent in which the bacteria have already entered the pulp of the tooth and infected the nerves, which may lead to an acute toothache. Root canal treatment procedure involves the removal of bacteria, nerves and other infected tissues of the tooth pulp. The pulp chamber of the tooth is then filled with inert medication as a permanent sealing for fundamental preservation of the tooth.



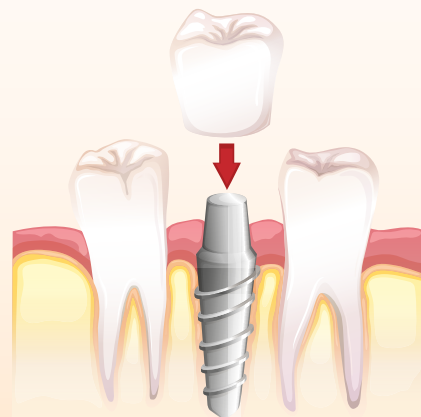
## Paediatric Dentistry

Tooth maintenance usually starts at the age of one. Our dentist who is experienced in treating children can make your children's dental experience more comforting, whether it is for fillings or just dental cleaning. We also cater to children who have disabilities.



## Implant Dentistry

Implant dentistry is maturing to become the treatment of choice in replacing missing tooth / teeth in many situations. A titanium fixture is anchored into the bone, acting as the root of a tooth; a custommade crown is then fitted on top. The result could be phenomenal in functions and aesthetics.





## Prosthetic Dentistry

### Removable Appliances / Dentures

In some situations of missing tooth / teeth when dental implants or fixed prostheses are not appropriate as replacement, removable full or partial dentures may be the treatment indicated.



## Periodontics

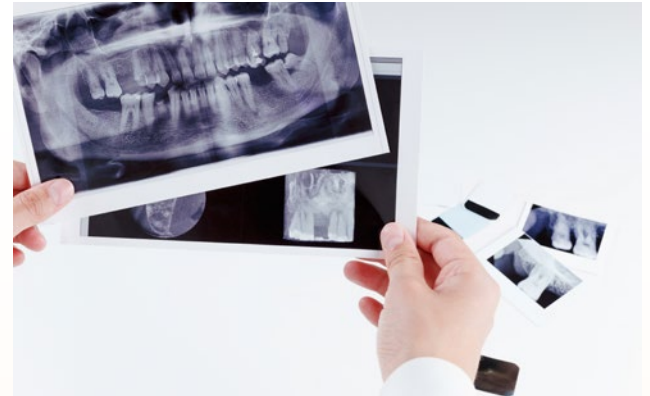
“Gum disease” is one of the major causes of tooth loss in Hong Kong adults. Bleeding gums and tooth mobility are common signs and symptoms of gum disease. Deep debridement and root planing are important in treating this condition. Sometimes, surgery may be necessary as part of the treatment. Our periodontist will tailor a treatment plan to cater for each patient’s needs.



## Oral Maxillofacial Surgery

### Extraction of Erupted or Impacted Wisdom Teeth

Wisdom teeth may erupt with a lot of variations. They may erupt in alignment in the dental arch but more often than not, they lay sideways embedded in the bone behind the second molar. It is not unusual that one or more wisdom teeth are naturally “missing”. Removal of wisdom teeth can be difficult at times, and these cases are best managed by experienced oral-maxillofacial surgery specialists.



## Oral Pathology

The inside of the mouth is normally lined with a special type of skin known as mucosa that is smooth and coral pink in colour. Any alteration in this appearance could be a warning sign of a pathological process (e.g., cancerous growth), and this could happen anywhere in the oral cavity. Our Centre offers full and efficient diagnosis of oral tissue pathologies.



## In Case of Emergency

Our dentists provide emergency service for urgent conditions, whether it is acute toothache, knocked-out tooth, oral bleeding, dislodged crown or other cases requiring immediate treatment.

## In Addition...



For patients with special needs (e.g., medically compromised, physical trauma to the head / face / neck, etc.), our experienced and patient-oriented dentists collaborate with physicians, surgeons and other healthcare professionals to provide a safe and comprehensive treatment regimen to suit every patient's unique condition.

Good dentistry involves oral health promotion and disease prevention, which give patients a brighter and healthier smile. A regular dental cleaning and check-up every 6 months is recommended and often times is all that is needed to help keep your teeth working well and functioning healthily for life.

## When was the last time you went to a dentist?

